

# WEEK 3

## Prayer Journal

Practice praying to God each day using the prompts below. Write on the back of this sheet, or turn a notebook into your prayer journal.

**Chat to God about:**  
Someone from church

**What choices did you make today? What would Jesus do in those situations?**

### Read & Reflect

- Pick some stories of Jesus' life to read through from the gospels (Matthew, Mark, Luke, John). What stands out to you? Imagine you were in the story. How would you feel listening and watching Jesus?

### Listen for God:

- Challenge to be still before God for a few minutes each day. Perhaps put some instrumental music on to help keep you focussed. Does God say anything to you?

Colour in a leaf for every day you chat to God this week

