

## **On the Move**

### **Part Three: The Paradox of Memory**

**Exodus 1:8-10 | Isaiah 43:16-19**

Jo continued the series 'On the move' this week – encouraging us to look back and remember, and to also look forward and see the new thing God is doing.

Choose some or all of the following questions to discuss the sermon's application to our lives.

#### **Memory & Identity**

- What is one memory from your life that has shaped how you see God?
- Do you find it easier to remember painful experiences or moments of joy? Why do you think that is?
- How do you see the “paradox of memory” playing out in your own life—looking back while trying to move forward?

#### **Scripture Reflection (Isaiah 43 & Exodus 1)**

- Isaiah 43 says, “*Forget the former things; do not dwell on the past.*” What do you think God is asking us to forget?
- How do you interpret the tension between remembering God's faithfulness and being open to new things?
- In Exodus 1:8, a new king “knew nothing about Joseph.” What are the risks of forgetting spiritual history—personally or communally?

#### **Church & Communal Memory**

- What's one memory you have from our church community that reminds you of God's faithfulness?
- How can we as a church remember well without becoming stuck in nostalgia?

- What are some ways we can cultivate a rhythm of remembering and retelling God's work in our community?

### **Hope & Expectation**

- What "new thing" might God be doing in your life right now?
- Are there areas where you feel stuck in the past—either in regret or longing? What would it look like to release those?
- How can we prepare ourselves to perceive and respond to the new things God is doing?

### **Communion & Spiritual Practice**

- How does communion help you remember both backward and forward?
- What does it mean to "remember forward" in your faith journey?
- How can we respond actively to what we remember—rather than just reflect passively?