Connect Group Notes

27 October 2026

On Sunday, Don looked at one of the most debated words in Christian theology, ***election***.

What does it mean when Paul says God "chose us in Christ before the foundation of the world"? Does this mean that we shouldn't bother seeking God if he already predetermined whether we're "chosen" or not?

Don proposed we look at this a different way by reflecting on what it means to be ***chosen in Christ***.

Paul's focus in Ephesians is actually very simple: God chose Christ before the foundation of the world, and everyone who puts their faith in Him shares in all that belongs to Him.

Read Ephesians 1:3-14

Discussion Questions

1. Have you ever felt overlooked, unwanted, or not chosen? How does it make you feel to hear that God has chosen a people for Himself in Christ?

Ephesians 1:4 - "He chose us in Him before the foundation of the world..."

2. Don described Christ as God's chosen One, and believers sharing in His *chosen-ness* because they *choose* to be "in Him" (rather than predetermined by God from the beginning of time). How does that picture help you understand what it means to be chosen?

1 Corinthians 1:30 - "Of Him you are in Christ Jesus"

3. Jesus says, "Behold, I stand at the door and knock." Is there an area of your life where the Lord might be asking for a fresh "yes" from you today?

Revelation 3:20 - "If anyone hears My voice and opens the door, I will come in to him..."

Pray

Spend time praying for each other that the truth of our chosen-ness in Christ would be freshly revealed to us, and that we would hear where the Holy Spirit is inviting us to say ‘yes’ to Him in a new way today.