

Connect Group Notes

17 August 2026

We had Sam Harvey from Bay Vineyard and 24/7 prayer as a guest speaker on Sunday.

He spoke to us about Building a Life of prayer.

Read John 15:1-8.

Sam used an old-fashioned word “admonish” as St Paul does – which means “*to instruct, warn or guide*”, about the importance of cultivating the secret place of prayer in our own lives, and what this can look like.

He shared with us about the fact that information is not transformation. We can know a lot about Jesus but unless we are spending time alone with God in prayer, intentionally each day, we will not be transformed into his likeness.

Application is transformation.

- Why can it be so hard for us to consistently make space in our daily lives to cultivate a secret place of prayer. What are the things competing for our time and attention?
- What does building a private life of prayer look like? Consider the time honored phrase ‘quiet time’, and how we can make this our own depending on personality and lifestyle.
- Discuss why it is important for us to cultivate, and build into our lives, intentional prayer and time alone with God to listen to him as well?

- Reflect on Jesus' 'inner life of peace and outer life of power'; how would our lives be altered if we modeled our lives on His, in regard to making space/more space for prayer in our lives.
- What is one thing we could each do to **'take the next step'** in cultivating a deeper prayer life with God?

'Keep it simple, keep it real, keep it up' Pete Grieg

- Consider ways to keep accountability with each other as we pursue greater depth and intimacy in our prayer lives.

Spend time in prayer with each other

Share with your groups some of the following resources

<https://lectio365.com>

<https://www.24-7prayer.com/resource/lectioforfamilies/>

<https://www.churchofengland.org/prayer-and-worship/worship-texts-and-resources/book-common-prayer/order-morning-and-evening-prayer>