

Connect Group Notes

12 October 2026

Don began a new series on Sunday called 'In Christ'

When we become Christians, God doesn't simply give us a new set of beliefs to follow or a better way to live. He brings us into a relationship with His Son. The New Testament describes this amazing reality with the phrase "in Christ."

Through faith, we are united to Jesus Christ so closely that what *He has done for us becomes ours*. We share in His victory over sin, His relationship with the Father, and the new life He gives. Instead of striving to imitate Christ in our own strength, we are invited to live out of the reality that we are already united with Him.

As we discuss this study together, let's consider what it means to be "in Christ," how that differs from being "in Adam", (or the world) and how this truth can transform the way we think, live, and relate to God every day.

1. What does it mean to be "in Christ"?

Read: 1 Corinthians 1:30

The sermon teaches that being "in Christ" is more than believing facts about Jesus or trying to copy Him. It means being united to Him and sharing in all He has accomplished, in His, not our, strength.

- How is participation in Christ different from merely imitating Him?
- What part of this truth encourages you most? How does living in this truth bring new freedom?

2. What difference is there between being “in Adam” and being “in Christ”?

Read: Romans 5:12-14; Colossians 1:13-14

The sermon describes two spheres of existence...

In Adam: death, disobedience, and separation from God.

In Christ: life, forgiveness, and acceptance with God.

- Why is it important to understand what we were saved from?
- What has God transferred us into through Christ?

3. How should being “in Christ” affect our daily lives?

Read: Galatians 2:20; Ephesians 2:6

Because we are united with Christ, His death, resurrection, and victory become ours.

- How does knowing your identity is “in Christ” change the way you face sin, struggles, or discouragement?
- What is one practical way you can live in this reality this week?

Pray

Pray for each other, that our identity in Christ would be revealed to us in a new way, and that Jesus would continue to transform us into his image.