

Emerge 2026 - Term 1 - "I Am"

In this resource:

These conversation starters are linked to the discussions we have had each Sunday morning. In term 1, we have been tackling two questions: **'Who does God say I am?'** and **'Who does God say He is?'** Use these as a guide to spark further conversation at home, as prayer prompts and opportunities to read God's word together.

Top tips:

- Intermediates love to move! Conversations don't have to happen sitting down at the table staring at each other. Notice when your kid feels relaxed and themselves. Perhaps try chatting whilst walking side by side or away from other siblings. Maybe they chat best in the car, or whilst throwing a ball around in the yard.
- When topics of conversation go off track, acknowledge and respond to their thoughts before guiding back to the conversation. Clearing their mind, allows kids space to process.
- Share examples and stories from your own life. We are all children of God on a faith journey and there is power in our testimonies.
- And remember, we don't have to have all the answers! Sometimes the best answer you can give is 'I don't know'. Write any big questions down and bring them to trusted others in your faith community.

Week 1 - I am unique

I am unique and a masterpiece. I am made in God's image and he delights in me.

Recap together: I am made in God's image and he is happy with what he creates (Genesis 1:27, 31). We will make mistakes but God can turn our brokenness into something beautiful like a potter moulding clay (Isaiah 64:8, Jeremiah 18:1-6) or an artist painting a masterpiece.

Discuss together:

- Have you ever created/made something you're proud of?
- How does it make you feel knowing God feels that way about you?
- What's two things that makes you unique?
- How can the skills/gifts/passions that God has given you be used for good?

Pray together:

Write each person's name on a bit of paper. Pass the paper round and everyone write things you love about that person or things that make them so uniquely them. Give thanks in prayer. Take time to reflect on how God may have already used these things, again giving thanks. Ask God to help you use your unique self for his good and listen to see if He has anything to say to you.

Read & Remember together:

There is a place for everybody in God's Kingdom. Read 1 Corinthians 12:12-27 together. Does anything stand out or not make sense? How does this make you feel about friends who have different interests or skills to you?

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Week 2 - I am a child of God

I am part of God's family. I am accepted and find comfort in God.

Recap together: God loves you like a perfect Father. "Abba" - an invitation to relationship and closeness with God. He is not distant or unfamiliar. In the parable of the Lost Sheep (Luke 15), Jesus notices just one sheep missing in the crowd. You are that important to Him that he notices you in the crowd and will come and get you when you go astray.

Discuss together:

- If God is a perfect Father, what do you imagine He's like? What would a perfect parent be like?
- In what moments do you feel like the "lost sheep" – confused, stressed, or off-track?
- How does it make you feel to know you're worth searching for?
- What's one way we (as a family) can remind each other that we belong to God?

Do together:

How can we notice like God notices? Each day this week, look out for one person such as: a kid alone at school, a friend who seems upset, a family member having a hard day, or someone who feels overlooked. Do something small to show them they're seen: e.g. a kind word, help with something, sit with them, write a note, give them a smile and hello. At the end of the day, pray together for the people you noticed.

Read & Remember together:

Read Galatians 3:23-4:7 and choose a verse to commit to memory together. Test each other through the week.

Week 3 - I am chosen

God has prepared a plan and purpose for me to do good works. He wants me as part of His great story.

Recap together: God chooses each of us for our specific purpose, even if we don't expect or understand it. We have a role to play and a job to do here on earth. God chose David (1 Samuel 16), the last person anyone expected to be King, and although he wasn't perfect, God used him for so much.

Discuss together:

- What does it mean to be chosen?
- How does being chosen by God change the way we act?
- Do we always get recognised for the things we do for God's kingdom?
- What are some ways God might use you right now?

Pray together:

Go for a walk and invite everyone to choose one stone or leaf. God has chosen you on purpose and with intention, just like you picked your item. At home, each pick one word that reminds you of being chosen by God and write it on your stone/leaf e.g. loved, known, forgiven, special, purpose, belong. Everyone hold their stone in their hands and pray silently or out loud. Encourage everyone to chat to God but also leave space to listen for God speaking too.

Read & Remember together:

Read the following verses: Ephesians 2:8-10 & Colossians 3:12-14. What stands out to you the most? Who can learn one of these the fastest?

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Week 4 - I am loved & forgiven

God's love for me isn't something I earn, perform for, or try to keep. I am forgiven, not because of anything I've done, but because Jesus made a way for me through the cross

Recap together: God loved me first before I did anything (1 John 4:19). And because of his love for us, He gave us a gift. A gift so great that we can never fully repay it. A gift that our scarlet sins to as white as snow (Isaiah 1:18). He sent Jesus to die on the cross and nothing can separate us from God's love (Romans 8:38-39).

Discuss together:

- If God already loves us, why do you think we still struggle to believe it sometimes?
- What's a time you messed up but someone forgave you anyway? How did that feel?
- Why do you think Jesus was willing to die for us?
- What's one thing you wish you could remember about God's love when you're stressed, sad, or feel unworthy?

Do together:

Pause and think of some things you would like God's forgiveness for. Write them on a suitable surface with liquid chalk/ whiteboard marker/ washable paint and then take turns washing them clean after you pray.

Pray together:

"God, thank You for loving me even when _____. I'm sorry and ask you to help me change my ways. Thank You for forgiving me because of Jesus. Thank you for sending your son to suffer and pay the price for my wrongdoings so that I can live in your love forever."

Week 5 - God: "I AM WHO I AM"

When Moses asks, "What is your name?" God replies: "I AM WHO I AM." (Exodus 3)

Recap together: Some of our "I am" statements might change over time but God's never changes – the same person God was for Moses is who he is today for you. In an uncertain world, He will give us certainty. I am = I am... there is no one else equal to God. When Moses asks 'who am I to do this thing'? God answers "I will be with you". It's not about us being great enough for the purposes God has for us, it's about doing it with and through God. He is enough.

Discuss together:

- What does it make you think about God when you hear He never changes?
- How does knowing "God will be with you" change how you face something scary or overwhelming?
- What's a situation in your life right now where you really need God's help or presence?

Do together:

Create your own list together of all the ways you can describe God. God is...patient...kind...my saviour etc. Perhaps reach out to friends and family and see what words they come up with. Get creative with how you present your list - mind map, paper chains, written all across a basketball, on the fridge etc.

Read & Remember together:

Read Exodus 3. What part of the story stands out to you the most? Why?

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Week 6 - Jesus: "I am the good shepherd"

Jesus is close and familiar to us. He is our guide and protector.

Recap together: (John 10) Jesus is the way to salvation, just as a gate is the way to safe pastures. Jesus knows us personally, just as a shepherd knows his sheep. He stays close to us and leads us but also lays down His life for us. Jesus' followers learn to recognise His voice and follow it, just as sheep know who their shepherd is.

Discuss together:

- What does a shepherd do for their sheep?
- What would this have looked like in Jesus' time?
- What does Jesus' voice sound like?
- Where in your life do you need His guidance this week?

Do together:

Have a race to see who can grab the most soft, white items and bring them back all together (e.g. cotton balls, socks, cushions...) Create a designated "sheep pen" somewhere and a place for everyone to stand with their sheep (white items). Option to have a gate too. Take turns to share an example of how we can follow Jesus and then throw or roll an item into the pen.

Read & Remember together:

Read Psalm 23. Discuss what the verses mean and what verses stand out to you most right now. Work together as a family to learn this Psalm.

Week 7 - Jesus: "I am the way, the truth & the life"

Recap together: (John 14) Jesus is the only way to God the Father. He shows us how to live, love, forgive and trust God. Jesus is reliable, trustworthy and constant. As God breathes life into our lungs, faith in Jesus gives us a new way of living now and an eternal life with him.

Discuss together:

- If a friend asked, "Who do you think Jesus is?" what would you say?
- What's the difference between Jesus being a way and the way?
- What are some things people treat as "truth" that aren't actually from God?
- What role does the Holy Spirit play?

Watch together:

Watch this video by Douglas (a green puppet) and pause along the way to chat about what makes sense, what doesn't, write down any questions you have too.

<https://www.youtube.com/watch?v=z3V1P-RdvKs> or search for "What is the Trinity" by Douglas Talks

Read & Remember together:

Everyone search through the gospels (Matthew, Mark, Luke, John) and each share one story of Jesus that you love. Discuss whether each story is an example of the way, the truth or the life... or all of the above!

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John 6:35

I am the bread of life;
whoever comes to me will
never go hungry, and
whoever believes in me will
never be thirsty.

John 8:12

I am the light of the world.
Whoever follows me will not
walk in darkness but will have
the light of life.
I am the light of the world.

John 10:7-9

I am the gate for the sheep.
All who have come before
me are thieves and robbers,
but the sheep have not
listened to them. I am the
gate; whoever enters
through me will be saved...

John 10:11

I am the good shepherd.
The good shepherd lays
down his life for the sheep.

John 11:25-26

**I am the resurrection
and the life.**

The one who believes in me
will live, even though they
die; and whoever lives by
believing in me will never
die.

John 14:6

**I am the way, and the
truth and the life.**

No one comes to the Father
except through me.

John 15:1-2

I am the true vine,
and my Father is the
gardener. He cuts off every
branch in me that bears no
fruit, while every branch that
does bear fruit he prunes so
that it will be even more
fruitful.

Suggested Bible Reading Plan - on YouVersion Bible App

Who You Say I Am - Part 1



15 Days

[Sample Day 1 >](#)

[Start this Plan >](#)

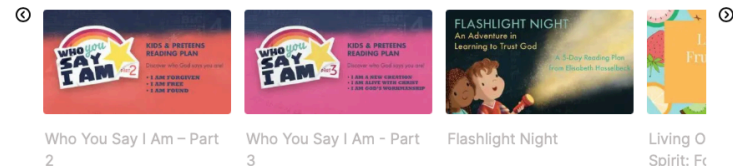
The Bible tells us who God is, but did you know it also tells us who God says YOU are? Declare God's truth over your life: I am chosen, I am not alone, I am a child of God.

We would like to thank Hillsong Church for providing this plan. For more information, please visit:

<https://hillsong.com/kids/>

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