*Connect Group Notes 20 October 2025*

Don began a new series on Sunday called ‘*Come and let us go up to the mountain of the Lord’.*

He quoted Mark Sayers who said;

 *“Mountains and hills are a master image in the Bible. Through them you can trace the whole course of biblical history”*

Read Psalm 48:1-2

 Isaiah 2:2 and 25:6-8

Don explained to us that the ancient world believed that mountains were places where heaven and earth intersected, both spiritual and sacred.

 *Discussion Questions*

* What is our experience of mountains? What comes to mind when we think of going up a mountain? What might they signify for us?
* As scripture depicts mountains as places that were sacred, where heaven met earth, how might this change our perspective on mountains particularly as we come across them in scripture?
* Don spoke about Eden being on the “mountain of the Lord” (Ezekial 28:12-17). We Have a longing for something else (Eden), a sort of homesickness. How does this show in our lives and in others?
* We can look at the ancients and see how they built things like the tower of Babel, ziggurats and pyramids, to try to bridge the gap between themselves and God – how and where do we build ‘false mountains’ in our modern lives, literally and metaphorically, in order to do the same, and to try and get back to Eden?
* Why does God tell us not to look to these “mountains”, but instead to him?
* Don commented that happiness and holiness are ‘Siamese twins’. What does it mean for our happiness to line up with our holiness? How does pursuing God rather than our own personal “mountains” bring lasting happiness and joy?

**Pray and Apply**

* Ask God to reveal the false mountains in our lives, and to pursue holiness in Him.