A People Who

PRAY

Week Four: *Evening*

1. Review

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PSALM 139:1-6 (NIV)

You have searched me, Lord,
and you know me.
You know when I sit and when I rise;
you perceive my thoughts from afar.
You discern my going out and my lying down;
you are familiar with all my ways.

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PSALM 139:1-6 (NIV)

Before a word is on my tongue
you, Lord, know it completely.
You hem me in behind and before,
and you lay your hand upon me.
Such knowledge is too wonderful for me,
too lofty for me to attain.

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God’s ‘Inescapable, Unfathomable, Intimate Omniscience’

BRUCE WALTKE

A People Who PRAY

- What happened today — the good, the hard?
- Where did I see God at work, the Kingdom breaking in?
- Where did I sense the Holy Spirit?

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“Children are hungry for patterns and will pick up on them… Thankfully those patterns don’t have to be complicated. Because the most powerful truths are the simplest ones, the most enduring prayers are the shortest ones, the places where patterns unfold are the messy ones, and God loves messy places.”

JUSTIN WHITMEL EARLEY

Habits of the household

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“Forming disciples happens in the midst of life, not outside of it.”

MATT MARKINS, MIKE HANDLER & SAM LUCE

Forming Faith

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1 JOHN 1:8-9 (NIV)

If we claim to be without sin, we deceive ourselves and the truth is not in us.

If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.

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1. Review
2. Thank

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PSALM 139:13-18 (NIV)

For you created my inmost being;
you knit me together in my mother's womb.
I praise you because I am fearfully and wonderfully made;
your works are wonderful, I know that full well.
My frame was not hidden from you
when I was made in the secret place,
when I was woven together in the depths of the earth.

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PSALM 139:13-18 (NIV)

Your eyes saw my unformed body;
all the days ordained for me were written in your book
before one of them came to be.
How precious to me are your thoughts, God!
How vast is the sum of them!
Were I to count them,
they would outnumber the grains of sand—
when I awake, I am still with you.

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1. Review
2. Thank
3. Release

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PSALM 139:19-24 (NIV)

If only you, God, would slay the wicked!
    Away from me, you who are bloodthirsty!
They speak of you with evil intent;
    your adversaries misuse your name.
Do I not hate those who hate you, Lord,
    and abhor those who are in rebellion against you?

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PSALM 139:19-24 (NIV)

I have nothing but hatred for them;
I count them my enemies.
Search me, God, and know my heart;
test me and know my anxious thoughts.
See if there is any offensive way in me,
and lead me in the way everlasting.

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“…there is only one non negotiable for prayer. Show up! Show up regularly!”
RONALD ROLHEISER.

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1. Replay - think over your day like a movie replaying in your head. Notice what you are noticing. What made you happy? What made you anxious? What made you angry?

2. Rejoice - thank God for those things which are obvious. But also thank Him for non-obvious things which we sometimes forget - random acts of kindness, being healthy, a positive song or meal. Relish and savour these moments in gratitude to God.

3. Repent - say sorry to God for moments that come to into your mind as you review the day e.g., getting involved in gossip, reacting with a tone that was aggressive, lacking compassion in a situation, ignoring a need, not responding to a nudge. Receive His forgiveness afresh.

4. Reboot - make a decision in your heart to live for Jesus tomorrow and ask for grace to see His presence more clearly.

24/7 PRAYER

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Next Steps:

- Will I commit to finding space at the end of the day this week to review, thank & release my day back to him?”

- Where in the evening can I make space to show up more regularly in my prayer life?

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