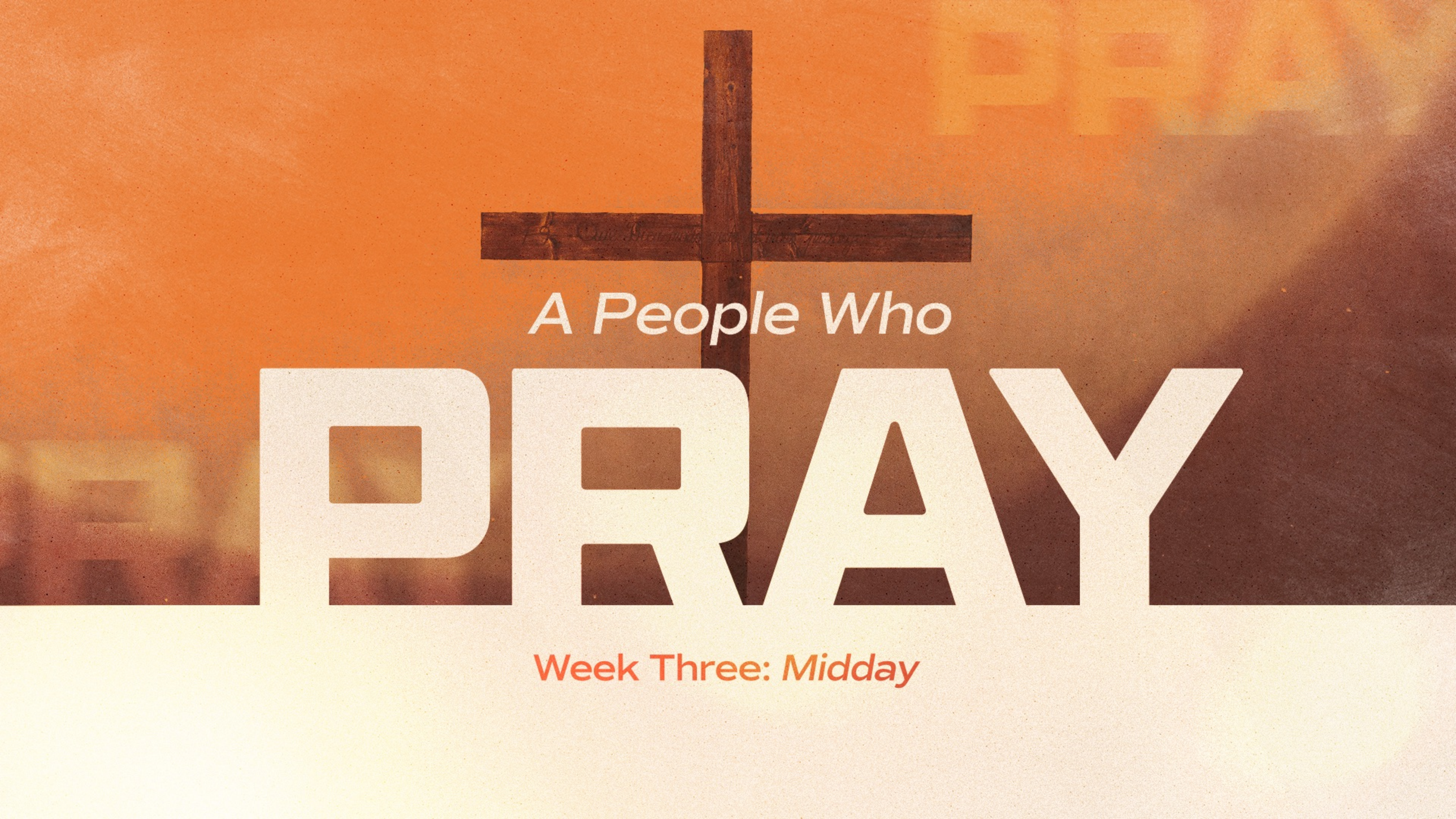
A People Who
PRAY
Week Three: Midday

1 THESSALONIANS 5:17 (TPT)

“Make your life a prayer.”

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A People Who PRAY

PSALM 55:17 (TPT)

“But as for me, I will call upon the Lord to save me, and I know he will! Every morning I will move my soul toward him. Every evening I will explain my need to him. Every waking hour I will worship only him, and he will hear and respond to my cry.”

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A People Who
PRAY

“There is a Way that leads to life in all its fullness. It’s not a new way; its an ancient one. It’s the way of love, adoration, and devotion. It is the way, the art of beholding and only God can lead us there.”

STRAHAN COLEMAN

Beholding

A People Who

PRAY

“Noise and words and frenzied, hectic schedules dull our senses, closing our ears to His still small voice and making us numb to His touch.”

CHARLES SWINDOLL

A People Who PRAY

PHILIPPIANS 3:10 (AMP)

“Our determined purpose is that we may know him – that we may progressively become more deeply and intimately acquainted with Him..”

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Spending much of my day without an awareness of the One who is the creator of the universe, who holds my life in His hands, and gives me my life breath, I am, in fact, relegating Him below all those other things on my ‘to do’ list.

LUKE 18:27 (NIV)

“What is impossible with man is possible with God.”

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“It may well be that the whole trouble in our lives is that we give God no opportunity to speak to us, because we do not know how to be still and to listen; we give God no time to recharge us with spiritual energy and strength, because there is no time when we will wait upon Him. How can we shoulder life’s burdens if we have no contact with Him who is the Lord of all good life? How can we do God’s work unless in God’s strength? And how can we receive that strength unless we seek, in quietness and sometimes in loneliness the presence of God?”

WILLIAM BARCLAY

PSALM 55:17 (NIV)

Evening, morning and noon
I cry out in distress,
and he hears my voice.

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DANIEL 6:10

“Three times a day Daniel got down on his knees and prayed, giving thanks to God”

A People Who

PRAY

LUKE 10:38-42

Jesus came to a village where a woman named Martha opened her home to him. She had a sister called Mary, who sat at the Lord's feet listening to what he said. But Martha was distracted by all the preparations that had to be made. She came to him and asked: "Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me!" "Martha, Martha" The Lord answered", "you are worried about many things but only one thing is needed, Mary has chosen what is better, and it will not be taken away from her."

A People Who
PRAY

What anchors your day right now? Possibly your workday demands, the buzz of notifications on your phone, or your email inbox?

Your next meal or the number of passing hours till the weekend?

The days marked off until your time of travel begins. Something sets the daily rhythm of your life. Something marks the passage of time.

Whatever that something is, you owe it to yourself to think hard about these questions:

A People Who
PRAY

Is it making me whole?
Does it love me or want to control me?
Is it concerned for my deepest well-being or is it trying to sell me something?
Is it shaping me into the best version of myself or is it stirring up my selfishness?
Is it leaving me alive or is it leaving me exhausted?

Because whatever is at the center defines you and forms you into its image.